Steps to Stop Spreading CORONA VIRUS

**Do**

- Keep a distance of 1 meter
- Wear mask
- Sneeze in the inner side of elbow
- Cover nose and mouth with Kerchief while coughing and sneezing
- Seek medical help if you have fever, Cough and Trouble breathing symptoms

**Do not**

- Do not touch eyes, nose and mouth
- No Spitting
- Do not shake hands
- Avoid crowding places